





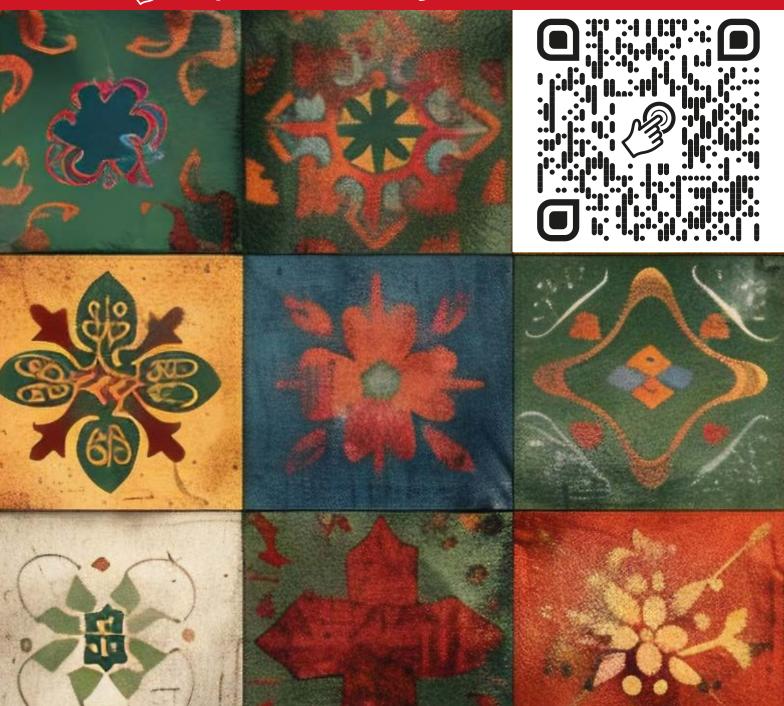
#EU4Health #PeerLearning

# PSYCHOLOGICAL FIRST AID FOR CHILDREN PEER LEARNING AT SCALE

Connect with a community of peers to enhance your ability to reach out and support children affected by the humanitarian crisis in Ukraine.

Help others - Help yourself!





Funded by the EU's EU4Health programme, the International Federation of Red Cross and Red Crescent Societies (IFRC) is collaborating with The Geneva Learning Foundation (TGLF) to provide online peer learning opportunities. The aim is, alongside Red Cross staff and volunteers, to involve health professionals, teachers, teachers' assistants and social workers in contact with affected children.

In spring 2024, a rapid e-learning module will be made available on ChildHub.

In June 2024, a first peer learning cycle will run for 2-weeks for up to 1,000 participants,

In September 2024, a full learning cycle will open for up to 10,000 practitioners, professionals and volunteers.

- Cost and travel for participants: no cost, no travel.
- Time commitment: 20 minutes to 2 hours for the rapid e-learning, depending on interest, and 2 to 10 hours a week for the peer learning, depending on level of engagement.
- Learning hours: flexible time slots per day for (optional) live learning sessions at times suited for working professionals. Exact times to be specified during application process. Offline learning options will be offered. Participants engage at their own speed, within given deadlines.
- Languages: English and Ukrainian as main languages, with option for groups in other languages.
- Facilitation: By learning specialists with feed-back from both peers and experts.

- Learning resources: IFRC Psychosocial Centre and National Society reference material will be used and complemented by other validated resources, as well as participants' experiences.
- Access: Most learning activities can be completed offline. Participation will require use of platforms, including email, Telegram, Zoom, and web. Participants need to have access to a reliable Internet connection for live sessions, to connect with other learners, to submit assignments, and for peer review.
- Direct applicability: Learning will draw on participants' real-world situations and challenges, with groups organized by profession, context, child age groups, etc. Experience with provision of Psychological First Aid is recommended. Those new to it will be encouraged to access training resources and opportunities.
- Relevance for diverse practitioners: All practitioners in contact with affected children may need to respond to psychological support needs. Peer learning is also relevant if you are very experienced.
- Announcement/Application: A link to the information page and application will soon be shared by IFRC with National Societies and among partner networks. Applicants will need to complete a detailed questionnaire. This will help us to select applicants and inform the program design.
- Certificates: will be delivered by The Geneva Learning Foundation in partnership with IFRC, upon full completion of each activity.

# Spring 2024

E-learning & Peer learning application OPEN + live events

# June 2024

Peer learning
1st cohort
2 weeks on/off line

## September 2024

Peer learning Full learning cycle 1 6 to 8 weeks on/off line

### November 2024

Peer learning Full learning cycle 1 6 to 8 weeks on/off line

Peer learning is about giving and receiving feedback and support, when you need it. It is focused on problem-solving your work-related challenges. Some activities take 5 minutes, others can be completed – alongside your daily work – over several weeks of analysis/reflection away from the screen. Participants choose which activities to complete and set their own goals. They become and remain a member of the community, whether or not they actively participate.